

# HELEN

SPECIAL  
HOLIDAY ISSUE!

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the only magazine for the women of Lafayette•West Lafayette and the surrounding areas

FREE

Readers share  
favorite holiday  
traditions

35 fun ways  
to enjoy the  
season

Tasty recipes  
for your family's  
holiday table

Save your  
sanity  
*(Hint: You don't have  
to do it all!)*

Home for  
the Holidays  
The Jeffares  
greet the season  
in style

